

June 2021

**STRENGTH AND
SPEED SESSIONS**

M-TH 6:30AM-8:00AM

These sessions are the foundation for a successful season.

Passing League

June 20, 27 6&7pm
Carpool from HS at 5 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 WEIGHTS 6:30AM	15 WEIGHTS 6:30AM	16 WEIGHTS 6:30AM	17 WEIGHTS 6:30AM	18	19
20 Passing League	21 WEIGHTS 6:30AM	22 WEIGHTS 6:30AM	23 WEIGHTS 6:30AM	24 WEIGHTS 6:30AM	25	26
27 Passing League	28 WEIGHTS 6:30AM	29 WEIGHTS 6:30AM	30 WEIGHTS 6:30AM			

July 2021

STRENGTH AND SPEED SESSIONS

M-TH 6:30AM-8:00AM
 These sessions prepare individuals for team success.

CAMP:

HIGH SCHOOL CONTACT DAYS
 JULY 19-22
 12:30PM-3:00PM

This camp is designed to introduce the basic offense and defensive concepts for the upcoming season. HIGHLY recommended for 9TH-12TH grade PHS football players.

PASSING LEAGUE

Passing League Tournament
 4-7pm Carpool from HS at 3pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 WEIGHTS 6:30AM	2	3
4	5 WEIGHTS 6:30AM	6 WEIGHTS 6:30AM	7 WEIGHTS 6:30AM	8 WEIGHTS 6:30AM	9	10
11 Passing League	12 WEIGHTS 6:30AM	13 WEIGHTS 6:30AM	14 WEIGHTS 6:30AM	15 WEIGHTS 6:30AM	16	17
18	19 <u>CAMP</u> WEIGHTS 6:30AM	20 <u>CAMP</u> WEIGHTS 6:30AM	21 <u>CAMP</u> WEIGHTS 6:30AM	22 <u>CAMP</u> WEIGHTS 6:30AM	23	24
25	26 WEIGHTS 6:30AM	27 WEIGHTS 6:30AM	28 WEIGHTS 6:30AM	29 WEIGHTS 6:30AM	30	31

August 2021

IST Day of Practice
August 3rd

All day practice on
August 5th

Lunch will be served

Family Picnic and
Gold card Blitz

These are both required team activities. All players must be at the gold card blitz at 8AM.

All families should attend the picnic at Noon. This is a great way to kick-off the Panther Football Season.

August 25th will be
an early Practice

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Physical Testing 8:30AM	3 Practice 8-10:30am 1:30-3pm	4 Practice 3-6pm	5 Practice 8am-2pm ALL DAY	6 Practice 8-10:30am	7 Practice 7-9 am
8	9 Practice 8-10:30am 1:30-3pm	10 Practice 4-7pm Pictures	11 Practice 8-10:30am 1:30-3pm	12 Practice 8-10:30am	13 Scrimmage UW-0 7AM	14 Family Picnic
15	16 Practice 3-6pm	17 Practice 3-6pm	18 Practice 3-6pm	19 3-6pm JV and JV2 Games	20 Var Game vs Sheb. North	21
22	23 Practice 3-6pm	24 Practice 3-6pm JV Game	25 Practice 8-11am	26 Practice 3-6pm JV2 Game	27 Var Game @ Sheb. South	28
29	30 Practice 3-6pm JV Game	31 Practice 3-6pm				

September 2021

LABOR DAY

Practice 3-6pm

**OCTOBER 8TH
HOMECOMING**

**FOOTBALL
BANQUET**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Practice 3-6pm	2 Practice 3-6pm JV2 Game	3 Var @ Sheb Falls	4
5	6 Labor Day Practice 3-6pm	7 Practice 3-6pm JV Game	8 Practice 3-6pm	9 Practice 3-6pm JV2 Game	10 Var vs Kewaskum	11
12	13 Practice 3-6pm JV Game	14 Practice 3-6pm	15 Practice 3-6pm	16 Practice 3-6pm JV2 Game	17 Var @ KML	18
19	20 Practice 3-6pm JV Game	21 Practice 3-6pm	22 Practice 3-6pm	23 Practice 3-6pm JV2 Game	24 Var vs Port	25
26	27 Practice 3-6pm JV Game	28 Practice 3-6pm	29 Practice 3-6pm	30 Practice 3-6pm JV2 Game	Var @ Waupun	